

OUR INGREDIENTS

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bikold in Ludlow from a network of local producers.

THANK YOU
to our suppliers for their continued support and helping us with our special event days



FREE SCHOOL MEALS

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in until the end of the school year 2025/26, which is known as Transitional Protection. From the start of the 2026/27 this Transitional Protection is ending, and parents will need revert to the following eligibility criteria regardless of whether they were previously protected.

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit
- and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190

- Working Tax Credit 'run-on' - the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit - your household income must be less than £7,400 a year (after tax and not including any benefits you get) until end of 2025/26 school year, when the criteria will be extended to all children from households in receipt of Universal Credit from the start of 2026/27 regardless of income levels.

All information correct at the time of going to print.

www.telford.gov.uk/freeschoolmeals

Menu calendar

Summer Term 2026	Autumn Term 2026	Spring Term 2027
13 APR WK 1	1 SEPT WK 1	4 JAN WK 1
20 APR WK 2	7 SEPT WK 2	11 JAN WK 2
27 APR WK 3	14 SEPT WK 3	18 JAN WK 3
4 MAY WK 1	21 SEPT WK 1	25 JAN WK 1
11 MAY WK 2	28 SEPT WK 2	1 FEB WK 2
18 MAY WK 3	5 OCT WK 3	8 FEB WK 3
25 MAY - HALF TERM	12 OCT WK 1	15 FEB - HALF TERM
1 JUN WK 2	19 OCT WK 2	22 FEB WK 2
8 JUN WK 3	26 OCT - HALF TERM	1 MAR WK 3
15 JUN WK 1	2 NOV WK 1	8 MAR WK 1
22 JUN WK 2	9 NOV WK 2	15 MAR WK 2
29 JUN WK 3	16 NOV WK 3	22 MAR WK 3
6 JUL WK 1	23 NOV WK 1	
13 JUL WK 2	30 NOV WK 2	
	7 DEC WK 3	
	14 DEC WK 1	

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

EARLY YEARS

HOLLINSWOOD PRIMARY SCHOOL

SCHOOL MENU

Let's Dine

April 2026 to March 2027

OUR MENUS

- 1 All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
- 2 We provide a choice of Vegetables, Salad and Fresh Fruit daily.
- 3 At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
- 4 Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
- 5 We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.

- 6 We Oven Bake in preference to Frying.
- 7 We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
- 8 All of our suppliers ensure full traceability of our Food.
- 9 Some of our menu choices are developed with children through the Eatwell Project.

www.telford.gov.uk/schoolmeals

BRONZE CATERING

SOIL FOR LIFE

V Vegetarian
 Ve Vegan
 H Halal

WEEK 1

WEEK 2

WEEK 3

MONDAY

Pasta Neapolitan *Mixed Beans and Pasta in a tomato Sauce*

Mac 'n' Cheese *Macaroni Pasta and Quorn in a Chef's Creamy Cheese Sauce* V

Pasta Twists, Batton Carrots, Sweetcorn, Seasonal Salad Selection, Homemade Garlic Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad Cheese and Crackers

WEDNESDAY

Savoury Mince with Peas and Carrots

Shepherdess Pie *A Rich and Savoury base of Lentils, Carrots, and Onions Tomato and Herb Gravy, topped with a layer of Creamy Mashed Potato* V

Creamed Potato, Squeaky Beans, Cauliflower, Seasonal Salad Selection, Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Mandarin and Lemon Yogurt Cake

TUESDAY

Sweet 'n' Sour Chicken *Farm Assured Chicken in a Sweet 'n' Sour Sauce*

Vegetable Curry *Mixed Vegetables in a Korma Sauce* V

Boiled Rice, Savoury Couscous, Ringed Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread or Nann Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Fruit Jelly

THURSDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Vegetable Lasagne V

Roast Potatoes, Chef Choice of Carbohydrate, Seasonal Vegetables, Seasonal Salad Selection, Wholemeal Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad Cheese and Crackers

FRIDAY

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs or Battered Fish White fillet of Fish coated in a Light Batter*

Frittata *Cheese, Onion, sweetcorn and Mixed Beans Frittata* V

Chips, New Potatoes, Baked Beans, Seasonal Vegetables, Seasonal Salad Selection, Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Apple and Raisin Muffins

MONDAY

Pasta Bake *Mixed Beans and Vegetables in a Tomato Sauce* V

Garden Peas, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Cheese and Crackers

TUESDAY

Taco Tuesday – Beef Chili *Farm Assured Minced Beef in a Mild Chille Sauce*

Vegetable Chili *Mixed Vegetables in a Mild Chili Sauce* V

Boiled Rice, Carrots, Broccoli, Seasonal Salad Selection, Bread

Fruit Turnovers or Natural Yoghurt with Chopped Fruit or Fruit Salad

WEDNESDAY

Beef Hotpot *Minced Beef in Gravy Topped with Sliced Potatoes*

Vegetarian Hotpot *Mixed Beans and Vegetables in Gravy Topped with Sliced Potatoes* V

Creamed Potato, Baton Carrots, Cauliflower, Seasonal Salad Selection, Bread

Cooks Choice of Hot Pudding or Natural Yoghurt with Chopped Fruit or Fruit Salad

RESOURCEFUL

Fresh Fruit available daily. All items subject to availability.

THURSDAY

Sweet 'n' Sour Chicken *Farm Assured Chicken in a Sweet 'n' Sour Sauce* or **BBQ Chicken** *Farm Assured Chicken in a BBQ Sauce*

Vegetarian Sweet 'n' Sour *Mixed Beans and Vegetables in a Sweet 'n' Sour Sauce* V

Noodles, Ringed Carrots, Squeaky Beans, Seasonal Salad Selection, Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Cheese and Crackers

FRIDAY

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs or Battered Fish White fillet of Fish coated in a Light Batter*

Cheese and Onion Quiche V

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Wholemeal Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Fruit Muffins

MONDAY

Beef Bolognese *Farm Assured Minced Beef with a Chef's Rich Tomato Sauce* or **Lasagne**

Vegetarian Bolognese *Mixed Beans and Vegetables with a Chef's Rich Tomato Sauce* V

Pasta, Spaghetti, Squeaky Beans, Sweetcorn, Seasonal Salad Selection, Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Cheese and Crackers

TUESDAY

Chicken Hotpot *Farm Assured Chicken in Gravy Topped with Sliced Potatoes*

Vegetarian Hotpot *Mixed Beans and Vegetables in Gravy Topped with Sliced Potatoes* V

New Potatoes, Garden Peas, Baby Carrots, Seasonal Salad Selection, Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Fruit Cheesecake

WEDNESDAY

Traditional Roast of the Day *Farm Assured Sliced Meat served with a Rich and Tasty Gravy*

Vegetarian Parcels *Mixed Beans and Vegetables in Puff Pastry* V

Roast Potatoes, Chef Choice of Carbohydrate, Seasonal Vegetable Selection, Wholemeal Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Pear and Chocolate Yogurt Cake

THURSDAY

Beef and Tomato Meatballs *served in a Rich Tomato Sauce*

Herby Chickpea Balls *served in a Rich Tomato Sauce* V

Spaghetti, Squeaky Beans, Cauliflower, Seasonal Salad Selection, Bread, Garlic Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Peach Yoghurt Cake

FRIDAY

Fishcake Stars *MSC Salmon and Mashed Potatoes with seasoning coated in a Crispy Crumb*

Sweet Potato and Chickpea Bake V

Chips, Couscous, Seasonal Vegetable Selection, Seasonal Salad Selection, Wholemeal Bread

Natural Yoghurt with Chopped Fruit or Fruit Salad or Fruit Muffins



RESPECTFUL



RESPONSIBLE



RESILIENT



ALL SAUCES ARE SERVED SEPARATELY