GIVE COMPLIMENT CARDS

YOU WILL NEED:

- A4 sheet of card or paper
- Coloured pencils and pens
- Scissors

A compliment is an expression of admiration or praise towards someone. Think about what you feel when someone says something nice to you. It feels good, doesn't it?

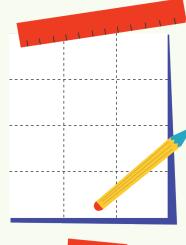
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However, often we notice or appreciate positive qualities about another person but don't tell them. Making and giving compliment cards is a good way of helping another person to feel good!

HOW TO DO IT:

Divide your sheet of card or paper into 12 equal-sized boxes (to make 12 compliment cards).

Decide on what compliments you want to give out, such as "I love your smile!"; "You're amazing!"; "You're a great sister!".







- Write your compliments onto your cards (you can use the same words on several cards).
- Decorate your cards so that they are colourful.
- 5 Cut the cards out.
- Give them to the people you want to compliment.
- If you feel brave, say the compliment to them as you give them the card.
- You may want to keep some cards in your pocket, ready to give when you spot someone you want to give a compliment to!

