

Spring Medium Term Plan Hollinswood Primary School and Nursery

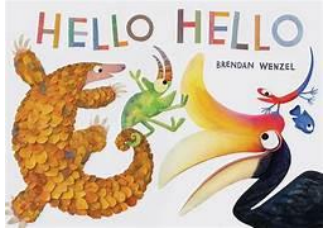

RSHE

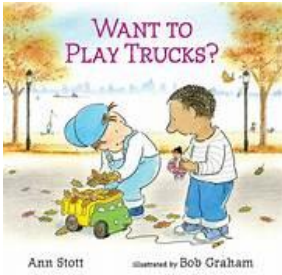
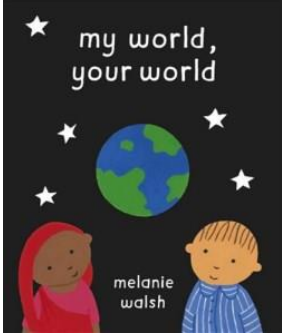
Jigsaw


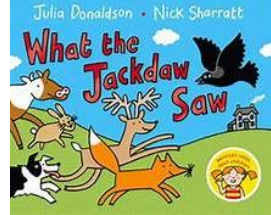
No Outsiders


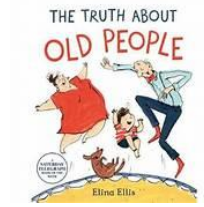
Expect Respect

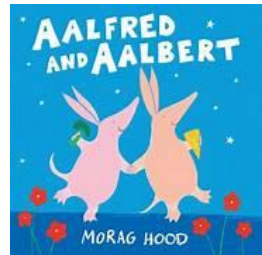

PANTS

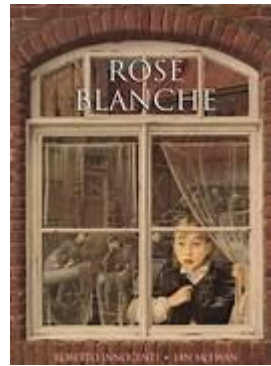
	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>EYFS</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what a challenge is.</p> <p>that it is important to keep trying.</p> <p>what a goal is.</p> <p>some jobs that I might like to do when I am older.</p> <p>that I must work hard now in order to be able to achieve the job I want when I am older. (<i>Individual Liberty</i>)</p> <p>when I have achieved a goal.</p> <p>that, in my class, we are all different. (<i>Mutual Respect & Tolerance</i>)</p> <p>that the people in my family are special.</p>	<p>I know:</p> <p>that it is important to be ambitious. (<i>Individual Liberty</i>)</p> <p>that it is important to be resilient. (<i>Individual Liberty</i>)</p> <p>how it feels to be proud of something.</p> <p>I know how to:</p> <p>recognise some of the feelings linked to being resilient.</p> <p>say how I feel when I don't give up when I find something challenging.</p> <p>talk about a time that I kept on trying and achieved a goal.</p> <p>recognise how kind words can encourage people.</p> <p>set goals and work towards them.</p> <p>make friends with people different to me.</p> <p>Say the people who love me.</p>	<p>Challenge Goal Job Achieve Ambition Resilient (<i>link to school values</i>). Proud/pride Kind/unkind</p> <p>Similar Different</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>


	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 1</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that tackling a challenge can stretch my learning.</p> <p>ways that I learn best.</p> <p>when a goal has been achieved.</p> <p>what an obstacle is.</p> <p>what a simple goal could be. (Citizenship - 1e).</p> <p>ways to work well with others. (Citizenship – 2a).</p> <p>that people might like different things. (Citizenship – 4c).</p> <p>that the world is full of different people. (Citizenship – 4c).</p>	<p>I know:</p> <p>that is normal to have strong feelings when faced with a challenge.</p> <p>that that is normal to have strong feelings when I overcome a challenge.</p> <p>that it is important to share my successes with others.</p> <p>that it is important to celebrate the successes of others.</p> <p>I know how to: recognise things that I do well.</p> <p>explain how I learn best.</p> <p>recognise my own feelings when faced with a challenge. (Citizenship – 1c).</p> <p>recognise my own feelings when faced with an obstacle . (Citizenship – 1c).</p> <p>recognise how I feel when I overcome an obstacle . (Citizenship – 1c).</p> <p>share feelings of success.</p> <p>set simple, achievable goals. (Individual Liberty) (Citizenship - 1e).</p> <p>achieve a goal.</p> <p>work well with a partner. (Mutual Respect)</p> <p>how to identify obstacles which make achieving my goals difficult and work out how to overcome them. (Individual Liberty)</p>	<p>Challenge Goal Obstacles Achieve Resilient (<i>link to school values</i>). Overcome Feelings Success</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 2</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what a realistic goal is. (Citizenship - 1e).</p> <p>what steps to take to achieve a goal.</p> <p>that it is important to persevere in order to achieve.</p> <p>what good group working looks like. (Mutual Respect) (Citizenship – 2a,c, 4b).</p> <p>what a good friend looks like.</p> <p>that there are different ways to communicate, including sign language. (Citizenship – 2e).</p>	<p>I know:</p> <p>that working with others can be helpful</p> <p>that working with others is an important skill to have when growing up. (Mutual Respect & Tolerance) (Citizenship – 2a,c).</p> <p>some sign language – sign for thank you.</p> <p>I know how to:</p> <p>describe my own achievements. (Citizenship – 1d).</p> <p>talk about my feelings linked to my achievements.</p> <p>recognise my strengths as a learner.</p> <p>work effectively with a partner. (Mutual Respect) (Citizenship – 2a,c, 4b).</p> <p>choose a partner with whom I work well. (Mutual Respect)</p> <p>work as part of a group. (Mutual Respect) (Citizenship – 2a,c, 4b).</p> <p>recognise how it feels to be part of a group that succeeds and describe this feeling.</p> <p>choose a realistic goal.</p> <p>recognise what working together well looks like. (Mutual Respect)</p> <p>share success with other people.</p> <p>be a good friend.</p>	<p>Challenge Goal Persevere Obstacles Achievements Feelings Success Group Positive Working</p> <p>Communicate</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 3</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>about specific people who have overcome difficult challenges to achieve success.</p> <p>what dreams and ambitions are important to me. (<i>Citizenship – 1b</i>).</p> <p>how I can best overcome learning challenges.</p> <p>that I am responsible for my own learning. (<i>Individual Liberty</i>)</p> <p>what my own strengths are as a learner. (<i>Citizenship – 1b</i>).</p> <p>what an obstacle is.</p> <p>that obstacles can hinder achievement.</p> <p>what unique means.</p> <p>what a bystander is.</p> <p>what a stereotype is and how they can affect people. (<i>Citizenship – 4e</i>).</p>	<p>I know:</p> <p>that it is important to break down a goal into small steps. (<i>Citizenship – 1c</i>).</p> <p>that I can store feelings of success (in my 'internal treasure chest') to be used at another time.</p> <p>What to do if I see someone being unkind</p> <p>I know how to:</p> <p>recognise other people's achievements in overcoming difficulties (<i>Protected Characteristics link</i>).</p> <p>discuss how it will feel when I achieve my dream/ ambition.</p> <p>recognise how other people can help me to achieve my goals.</p> <p>manage feelings of frustration linked to facing obstacles. (<i>Individual Liberty</i>)</p> <p>share my success with others.</p> <p>how to take steps to overcome obstacles. (<i>Individual Liberty</i>)</p> <p>how to evaluate my own learning progress and identify how it can be better next time. (<i>Individual Liberty</i>)</p>	<p>Challenge Goal Persevere Overcome Resilient (<i>link to school values</i>). Responsible (<i>link to school values</i>). Obstacles Achievements Success Evaluate</p> <p>Unique Bystander</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/</p> <p>This website has all of the lesson plans and additional resources on.</p>

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 4</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what my own hopes and dreams are. (Citizenship – 1b).</p> <p>what disappointment is and how it feels.</p> <p>that hopes and dreams don't always come true.</p> <p>that reflecting on positive and happy experiences can help me to counteract disappointment. (Individual Liberty)</p> <p>that there are more things that people have in common that divide us.</p> <p>what mental health means. (Citizenship – 3a).</p>	<p>I know:</p> <p>that it is important to cope with disappointment. (Individual Liberty)</p> <p>that it is important to help others to cope with disappointment. (Citizenship – 4a).</p> <p>that it is important to have a positive attitude. (Individual Liberty)</p> <p>that I can store feelings of success (in my 'internal treasure chest') to be used at another time.</p> <p>I know how to:</p> <p>make a new plan and set new goals even if I have been disappointed. (Individual Liberty)</p> <p>work out the steps I need to take to achieve a goal. (Citizenship – 1b).</p> <p>work as part of a successful group and share in the success together. (Mutual Respect)</p> <p>talk about my hopes and dreams and the feelings associated with these. (Individual Liberty)</p> <p>identify the feeling of disappointment.</p> <p>identify a time when I have felt disappointed.</p> <p>identify what resilience is.</p> <p>look after my mental health.</p>	<p>Hopes Dreams Persevere Resilient (link to school values). Responsible (link to school values). Achievements Feelings Success Disappointment</p> <p>Mental Health</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 5</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that I will need money to help me to achieve some of my dreams. (Citizenship – 1f).</p> <p>about a range of jobs that are carried out by people I know. (Citizenship – 1e).</p> <p>that different jobs pay more money than others (Citizenship – 1f).</p> <p>the types of job I might like to do when I am older.</p> <p>that young people from different cultures may have different dreams and goals. (Mutual Respect & Tolerance) (Citizenship – 2e).</p> <p>that communicating with someone from a different culture provides opportunities to learn from each other. (Mutual Respect & Tolerance) (Citizenship – 4f).</p> <p>ways that I can support young people in my own culture and abroad. (Mutual Respect & Tolerance) (Citizenship – 2i).</p> <p>that exposure to the sun can be harmful.</p> <p>that, sometimes, people have to make difficult decisions. (Citizenship – 1c).</p>	<p>I know:</p> <p>that I can make positive contribution to supporting others. (Mutual Respect & Tolerance)</p> <p>what I would like my life to be like when I am older.</p> <p>I know how to:</p> <p>say what I want to be like when I am grown up.</p> <p>appreciate the contributions made by people in different jobs. (Mutual Respect & Tolerance)</p> <p>appreciate the opportunities learning and education can give me.</p> <p>reflect on the differences between my own learning goals and those of someone from a different culture. (Mutual Respect & Tolerance)</p> <p>appreciate the differences between themselves and someone from a different culture. (Mutual Respect & Tolerance)</p> <p>make an informed decision about how to keep myself safe in the sun and to respect and value my body.</p> <p>Justify my actions.</p>	<p>Hopes Dreams Money Work/jobs Persevere Achievements Cultures Opportunities Contribution Similarities Differences</p> <p>Decisions Justify</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety/</p>

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 6</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>my own learning strengths.</p> <p>what the learning steps are that I need to take to achieve my goal.</p> <p>a variety of problems that the world is facing. (<i>Citizenship – 2a</i>).</p> <p>some ways in which I could work with others to make the world a better place.</p> <p>why it is important to stretch the boundaries of my current learning.</p> <p>that some people might carry knives. (<i>Citizenship – 3e</i>).</p> <p>it is illegal to carry knives. (<i>Citizenship – 3e</i>)</p> <p>what democracy is. (<i>Rule of Law</i>) (<i>Citizenship – 2b</i>).</p> <p>that we live in a democracy. (<i>Rule of Law</i>) (<i>Citizenship – 2b</i>).</p> <p>what laws are. (<i>Rule of Law</i>) (<i>Citizenship – 2b</i>).</p> <p>that laws can change. (<i>Rule of Law</i>) (<i>Citizenship – 2b</i>).</p>	<p>I know:</p> <p>what my classmates like and admire about me.</p> <p>what I admire and like about my classmates.</p> <p>I know how to:</p> <p>to set realistic and challenging goals.</p> <p>work with other people to make the world a better place. (<i>Mutual Respect & Tolerance</i>)</p> <p>set success criteria so that I know when I have achieved my goal.</p> <p>recognise the emotions I experience when I consider people in the world who are suffering or living in difficult circumstances. (<i>Mutual Respect & Tolerance</i>) (<i>Protected Characteristics link</i>).</p> <p>empathise with people who are suffering or living in difficult situations. (<i>Mutual Respect & Tolerance</i>) (<i>Protected Characteristics link</i>).</p> <p>give praise and compliments to other people when I recognise a person's achievements.</p> <p>make an informed decision about how to keep myself and other people safe when I am out by myself and with friends. (<i>Citizenship – 3e</i>)</p>	<p>Strengths Goals Problems Boundaries Admiration Realistic Challenging Success Criteria Circumstance Emphasise</p> <p>Democracy Law</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p> <p>https://www.met.police.uk/cp/crime-prevention/skc/stop-knife-crime/the-consequences-of-crime/</p>