

Summer Medium Term Plan Hollinswood Primary School and Nursery

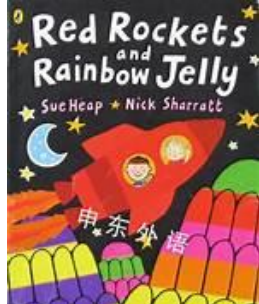
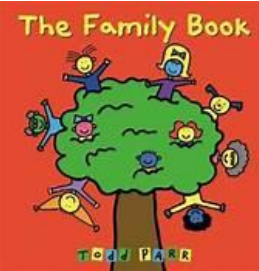
RSHE

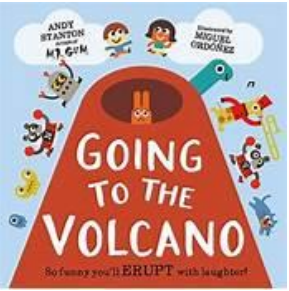
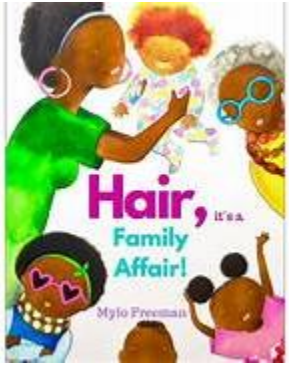
Jigsaw

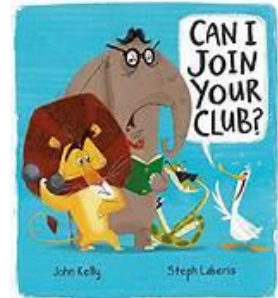
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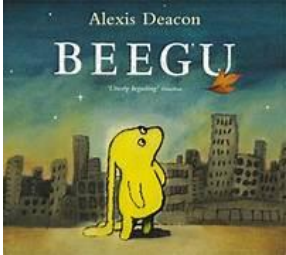
Expect Respect


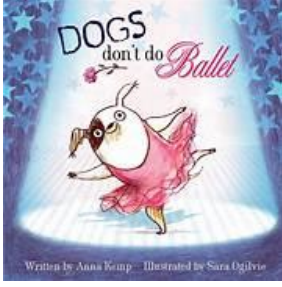
PANTS

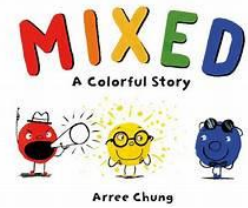
	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>EYFS</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what being proud means and that people can be proud of different things.</p> <p>that people can be good at different things.</p> <p>that people have different homes and why they are important to them.</p> <p>different ways of making friends.</p> <p>different ways to stand up for myself.</p> <p>the names of some emotions such as happy, sad, frightened, angry.</p> <p>that I don't have to be 'the same as' to be a friend. <i>(Mutual Respect & Tolerance)</i></p> <p>why having friends is important.</p> <p>some qualities of a positive friendship.</p> <p>that my friends can like different things to me. <i>(Mutual Respect & Tolerance)</i></p> <p>that families can be different.</p>	<p>I know:</p> <p>some feelings associated with being proud.</p> <p>some ways I am different and the same as others.</p> <p>who is in my family</p> <p>some ways that I am similar and different to my friends.</p> <p>I know how to:</p> <p>identify things I am good at.</p> <p>vocalise success for myself and others. <i>(Individual Liberty)</i></p> <p>recognise similarities and differences between my family and other families.</p> <p>identify and use skills to make a friend.</p> <p>identify and use skills to stand up for myself. <i>(Individual Liberty)</i></p> <p>recognise emotions when I or someone else is upset, frightened or angry.</p>	<p>Proud</p> <p>Similarities</p> <p>Differences</p> <p>Success</p> <p>Family</p> <p>Friends</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>


	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 1</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that people have differences and similarities.</p> <p>what bullying means. (<i>Citizenship – 1a, 4a</i>).</p> <p>skills to make friendships.</p> <p>what unique means.</p> <p>that people are unique and that it is OK to be different. (<i>Mutual Respect & Tolerance</i>) (<i>Citizenship – 4c</i>).</p> <p>that people are all different.</p> <p>that it is important to like the way I am.</p>	<p>I know:</p> <p>who to tell if I or someone else is being bullied or is feeling unhappy. (<i>Rule of Law</i>) (<i>Citizenship –4e</i>).</p> <p>how being bullied might feel.</p> <p>ways to help a person who is being bullied. (<i>Citizenship –4e</i>).</p> <p>I know how to:</p> <p>recognise ways in which I am the same as my friends and ways I am different.</p> <p>identify what is bullying and what isn't. (<i>Citizenship – 4e</i>).</p> <p>identify emotions associated with making a new friend.</p> <p>verbalise some of the attributes that make me unique and special.</p> <p>join in with others.</p>	<p>Proud</p> <p>Similarities</p> <p>Differences</p> <p>Bullying</p> <p>Unique</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 2</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that there are stereotypes about boys and girls.</p> <p>that it is OK not to conform to gender stereotypes. (<i>Mutual Respect & Tolerance</i>)</p> <p>it is good to be yourself.</p> <p>that sometimes people get bullied because of difference. (<i>Citizenship –4a-e</i>).</p> <p>the difference between right and wrong and the role that choice has to play in this. (<i>Mutual Respect & Tolerance</i>) (<i>Citizenship –4a</i>).</p> <p>that friends can be different and still be friends.</p> <p>where to get help if being bullied. (<i>Citizenship –4a</i>).</p> <p>the difference between a one-off incident and bullying.</p> <p>that we are all different.</p>	<p>I know:</p> <p>that boys and girls can be similar in lots of ways. that boys and girls can be different in lots of ways.</p> <p>that I shouldn't judge people because they are different. (<i>Mutual Respect & Tolerance</i>)</p> <p>that everyone's differences make them special and unique.</p> <p>ways that people can be different.</p> <p>I know how to:</p> <p>explain how being bullied can make someone feel.</p> <p>be kind to someone who is being bullied.</p> <p>stand up for myself when I need to. (<i>Individual Liberty</i>)</p> <p>help people to not feel left out.</p>	<p>Stereotypes Gender Bullying One-off incident Choice Unique</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 3</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>why families are important.</p> <p>that everybody's family is different. (Citizenship –4c). (Mutual Respect & Tolerance)</p> <p>that sometimes family members don't get along and some reasons for this.</p> <p>that conflict is a normal part of relationships.</p> <p>what it means to be a witness to bullying. (Citizenship –4d).</p> <p>that a witness can make the situation worse or better by what they do. (Rule of Law)</p> <p>that some words are used in hurtful ways and that this can have consequences. (Mutual Respect & Tolerance)</p> <p>what 'outsider' means.</p> <p>the behaviours that can make someone feel like an outsider.</p>	<p>I know:</p> <p>the 'Solve it together' technique to calm and resolve conflicts with friends and family.</p> <p>some feelings associated with receiving a compliment.</p> <p>I know how to:</p> <p>show appreciation for my family, parents/carers.</p> <p>empathise with people who are bullied.</p> <p>support someone who is bullied. (Citizenship –4d).</p> <p>'problem-solve' a bullying situation accessing appropriate support if necessary.</p> <p>recognise, accept and give compliments. (Individual Liberty)</p> <p>make someone feel welcome.</p>	<p>Family Conflict Witness Bullying Hurtful Consequences Outsider Compliment</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

	Substantive knowledge <i>The knowledge of PSHE</i>	Disciplinary knowledge <i>How we find out about PSHE</i>	Vocabulary	Big Question and Linked Text
<p>Year 4</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that sometimes people make assumptions about a person because of the way they look or act. (<i>Mutual Respect & Tolerance</i>)</p> <p>there are influences that can affect how we judge a person or situation.</p> <p>that some forms of bullying are harder to identify e.g. tactical ignoring, cyber-bullying. (<i>Rule of Law</i>)</p> <p>the reasons why witnesses sometimes join in with bullying and don't tell anyone. (<i>Citizenship –4d</i>).</p> <p>that first impressions can change.</p> <p>why some people are afraid of difference. (<i>Mutual Respect & Tolerance</i>)</p> <p>what assertive means. (<i>Individual Liberty</i>)</p>	<p>I know:</p> <p>what to do if they think bullying is, or might be taking place. (<i>Rule of Law</i>)</p> <p>reasons why a bystander might join in with bullying.</p> <p>that it is important to be comfortable with the way they look.</p> <p>why being assertive can be hard.</p> <p>I know how to:</p> <p>accept people for who they are. (<i>Mutual Respect & Tolerance</i>)</p> <p>identify influences that have made me think or feel positively/negatively about a situation.</p> <p>identify feelings that a bystander might feel in a bullying situation. (<i>Citizenship –4d</i>)</p> <p>identify my own uniqueness.</p> <p>identify when a first impression they had was right or wrong.</p> <p>be non-judgemental about others who are different. (<i>Mutual Respect & Tolerance</i>)</p> <p>help people to accept differences. (<i>Mutual Respect & Tolerance</i>)</p>	<p>Assumptions Influences Bullying Witness Bystander Assertive First impression</p>	<p>Text:</p>   <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 5</p> <p>British Values - <i>Mutual Respect & Tolerance</i> - <i>Rule of Law</i> - <i>Individual Liberty</i> - <i>Democracy</i></p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>what culture means.</p> <p>that differences in culture can sometimes be a source of conflict.</p> <p>what racism is and why it is unacceptable. (<i>Mutual Respect & Tolerance</i>) (<i>Citizenship –4d</i>).</p> <p>that rumour spreading is a form of bullying on and offline. (<i>Rule of Law</i>)</p> <p>external forms of support in regard to bullying e.g. Childline.</p> <p>that bullying can be direct and indirect. (<i>Citizenship –4a</i>).</p> <p>how their life is different from the lives of children in the developing world. (<i>Mutual Respect & Tolerance</i>)</p>	<p>I know:</p> <p>a range of strategies for managing my own feelings in bullying situations.</p> <p>some strategies to encourage children who use bullying behaviours to make other choices.</p> <p>what to do if I hear or see someone being racist. (<i>Rule of Law</i>)</p> <p>I know how to:</p> <p>identify my own culture and different cultures within my class community. (<i>Citizenship –4f</i>).</p> <p>identify my own attitudes about people from different faith and cultural backgrounds.</p> <p>support children who are being bullied.</p> <p>appreciate the value of happiness regardless of material wealth</p> <p>show respect for cultures different from my own. (<i>Mutual Respect & Tolerance</i>)</p> <p>recognise racist behaviour. (<i>Citizenship –4f</i>).</p>	<p>Culture Conflict Racism Rumour spreading Direct/indirect Bullying</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/ This website has all of the lesson plans and additional resources on.</p>

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<p>Year 6</p> <p>British Values - Mutual Respect & Tolerance - Rule of Law - Individual Liberty - Democracy</p> <p>Protected Characteristics</p> <p>Personal</p> <p>Social & Relationships</p> <p>Health</p> <p>Economics</p> <p>Citizenship https://assets.publishing.service.gov.uk/media/5a75a83a40f0b67b3d5c8310/Programme_of_Study_KS1_and_2.pdf</p>	<p>I know:</p> <p>that there are different perceptions of 'being normal' and where these might come from.</p> <p>that being different could affect someone's life. (<i>Mutual Respect & Tolerance</i>)</p> <p>that power can play a part in a bullying or conflict situation. (<i>Citizenship –3f</i>).</p> <p>that people can hold power over others individually or in a group.</p> <p>why some people choose to bully others.</p> <p>that people with disabilities can lead amazing lives.</p> <p>that difference can be a source of celebration as well as conflict. (<i>Mutual Respect & Tolerance</i>) (<i>Citizenship –4d</i>)</p>	<p>I know:</p> <p>that it is important to appreciate people for who they are. (<i>Mutual Respect & Tolerance</i>)</p> <p>I know how to:</p> <p>show empathy for people who are different and be aware of my own feelings towards them (<i>Mutual Respect & Tolerance</i>).</p> <p>identify feelings associated with being excluded.</p> <p>recognise when someone is exerting power negatively in a relationship. (<i>Individual Liberty</i>) (<i>Citizenship –4c</i>)</p> <p>use a range of strategies when involved in a bullying situation or in situations where difference is a source of conflict. (<i>Rule of Law</i>) (<i>Citizenship –4d</i>)</p> <p>identify different feelings of the bully, bullied and bystanders in a bullying scenario.</p> <p>vocalise my thoughts and feelings about prejudice and discrimination and why it happens. (<i>Rule of Law</i>)</p> <p>show empathy.</p> <p>work with people who are different to me.</p> <p>explore difference without fear</p> <p>look for solutions to challenging situations.</p> <p>keep safe around water.</p> <p>consider my responsibility to keep myself and others safe around water.</p>	<p>Perceptions Power Conflict Disability Bystander Discrimination Empathy</p> <p>Water safety</p>	<p>Text:</p>  <p>Resources/staff subject knowledge:</p> <p>https://jigsawpshe.online/</p> <p>This website has all of the lesson plans and additional resources on.</p>